Source of Strength Group History

Group Number: <u>646</u>482

District: 47

The group was founded in May 2000; the founders were Dave H., Lucille & Carol. Meetings were held on Sundays at 10am in the basement of the Upper Perkiomen Senior Center, now named The Open Link. Because attendance was low in the beginning, the group decided to change the time from 10am to 11am, so not to conflict with those who attended church.

The format was and continues to be a God as I understand Him meeting. In the beginning, the group read from the red "Came to Believe" book, alternately reading from the Grapevine's "Spiritual Awakenings" book. The group continues to read from "Came to Believe".

Early group members were Neil K., Pete T, Al R., Nancy M., Victoria S., Tony M., Betsy OB., Sandy B., and Sam. Over the years the group has grown from 3-5 members in attendance to approximately 35 on average in 2018.

The first GSR was Allan A. who served from 2006 to 2011. Attendance grew significantly in the group during 2016 with many newcomers and beginners. Group conscience was to offer coins to recognize anniversaries and to have a sign-up sheet for weekly greeters.

For a period of time from 2011 to 2015, there was one officer position of Treasurer who was responsible for all of the group's needs, such as treasury, coffee and supplies. In 2015 the GSR position was filled, giving representation of the group at the district level. It also started to have business meetings again. In 2017/2018 officers were elected to the following positions: GSR, Alternate GSR, Secretary, Coffee & Supplies, Coins and Literature.

The group celebrates its anniversary yearly, and in 2017 and 2018 the format changed from reading from "Came to Believe" to a one hour speaker meeting with a spiritual message following food and fellowship.